

This is something very essential !!!!

The dimension of body speaks the language of body,
which are the senses

The dimension of mind speaks the language of mind,
which are concepts and words

The dimension of soul speaks the language of soul,
which are feelings, images

Try to describe the taste of strawberries without using comparisons

You cannot

Sense perception can only be described approximately

Taste is of the language of body

And it is only spoken through body

Every moment of life is accompanied by emotion

Emotion is the glue that connects instances together

Without the glue of emotion there is no sense

When emotion is disturbed in severe depression

The meaning of life falls away

Emotional time is something very different from reasoning time

The time of soul is not the time of mind

Both are different from the time of body

There is relevance in the languages:

You cannot reason with an emotional problem

You cannot reason when you are in love with the wrong person

You cannot solve a disturbance

When you speak the wrong language

You cannot talk in order to heal a broken leg

You have to speak the language of body by touching and manipulating

You cannot squeeze somebody's arm in order

For him to understand a problem

You have to speak the language of words

And concept to make him understand

You cannot talk in order to solve an emotional problem

You may understand the problem but that doesn't solve it

You have to use the language of emotion to do so

What is the language of emotion

It is not just 'feeling'

What people usually call 'feeling'

Is a translation into mind dimension

This is not what feeling is about

This is only being conscious of how you feel

For speaking the language of soul you have to tap the unconscious

Because soul dimension is unconscious

Speaking the language of emotion

Is something much wider

It requires discovering the language

It requires discovering the use of the language in you

It requires very carefully utilizing the language

An Example:

A Surinam woman came to me because she was severely depressed

She had been in therapy but to no avail

I concentrated and told her that she had been possessed by a sad spirit

This possession was caused by a curse involving a man with spectacles

But that she can forget about it now because

The curse has no power any longer

Not only was the woman obviously relieved

She got rid of her depression as well

Why?

Other therapies had used the language of body (bodywork)

And mind (talking-understanding)

Curses and spirits are a living reality in Surinam life

Totally irrespective of what is true or not from a rational viewpoint

They are heavily charged with emotion

Referring to them in this particular way

Was touching this strong emotion I had used

The language of soul for a problem of soul

Experience in Soul has no time it has no place either

Imagine a particle of air in air
This is the best way to imagine soul

S_o

You cannot say ‘my feeling’

You can say ‘I feel’

But the feeling is not necessarily yours

The feeling that accompanies every moment of living

Is not connected with whether you like it or not

That is an interpretation involving the dimension of mind

Feeling belongs to the moment

Not to your evaluation

Feeling has no time

It stays and grows

You are just as much the feeling that accompanied your third birthday

As you are the feeling that accompanied you falling asleep yesterday

Remembering is recalling to consciousness
The feeling that accompanied a moment in the past

See what is happening:

You meet somebody in the street who is familiar

You cannot remember the name

And you try to remember the name

You try to figure out under what circumstances you last met that person

Often this does not work

Figuring out is an activity that centers on the dimension of mind

Suddenly when you have forgotten all about it

You remember the name

You letting go gave the opportunity to the dimension of soul

To go back to the feeling when you did use the name of the person

You are not conscious of that

If you try to push consciously it does not work

Letting go was mentioned before

Is there a connection?

You always remember something that

Has a strong emotional input better

Than something that did not make a strong input

People remember the unpleasant things of their childhood better

Than the pleasant and neutral moments

Because unpleasant things make a stronger emotional input

Than happy things

*A*n unhappy childhood

Is sometimes a matter of unhappy moments

In an otherwise ordinary childhood

This is self evident from the nature of the language of soul

This becomes clear when you learn to understand the language of soul

A trauma becomes a trauma because the emotional input is too big

Such a trauma remains at the surface

It does not sink to the deeper layers of memory

Dreaming is expressing in the language of soul

The emotional content is a reflection of the state of soul

The actual pictures are secondary

Causal vision

Is searching in the language of soul

Causal healing

Is using the language of soul

Words and concepts are the tools for the language of mind dimension

Pictures and sound are the tools for the language of soul dimension

*O*f course the eyes and ears of body are also involved

But the effect is of the dimension of soul

It is easier to remember a picture or a song

Than it is to remember the text of a story

When body sees a tree

Mind tries to make sense of the input it receives

It needs the dimension of soul for telling him

‘The last time a similar configuration was observed it was a tree’

Now you become conscious of seeing a tree

In order to become conscious of something

You need the memory of soul

Which in itself is unconscious

Now imagine that when you were a child

You saw somebody who hanged himself from a tree

The answer that soul gave to mind could very well be

‘This is a tree and it is a gloomy thing’

Reflect on this because that is essential

This is the way you create your experience

Do you realize that you see the world with everything you are

All the impressions you've had in your life

Determine what you experience

You are the prisoner of everything you are

All opinions that you have

Are dictated by the way you have had experiences in the past

In order to fully understand what takes place

The fourth dimension has to be introduced

This is the colour orange

When something feels in a particular way (dimension of soul)

And when something also agrees with you (dimension of mind)

It settles as a truth

In the dimension of spirit

Once it is settled in the dimension of spirit

It gives a direction to experience

Direction is the nature of the dimension of spirit

Everything that happens regularly

Settles in the dimension of spirit

Totally unconsciously you establish

Habitual Programmes of Perception

The consequence of these Habitual Programmes of Perception
Is called 'learning'

Thanks to habitual programmes of perception

You can function in your everyday life

Because you know things you do not have

To invent them again and again

You know how to do things

When however your programme is based on a disturbed soul impression
The habitual programme of perception may actually work against you

When you assume that ego is all there is
And when you feel unfulfilled and unhappy
It may help you to know
That it is a programme that makes you unhappy
With a different programme you would be happy

When you had a particularly unpleasant experience

When you were a child

With a man with a beard, it is likely that

you have a programme running

That causes an initial aversion to beards

This may unnecessarily hamper you

*R*emember

Many of the feelings that you experience are not originating in you

It is something in which you participate

Maybe you are feeling the neighbour next door !!!

And yet this feeling will determine your action

Feeling that you are unconscious off

That is not centered in you and over which you have very little control

Determines your opinion

Determines your beliefs

Determines your course of action

See what is happening in election campaigns

Are you choosing

Or are you being made to choose

All your beliefs

All your opinions

All the programmes that are ‘naturally’ so

All the ‘stuff’ that gives direction to your life

Are of a spirit dimension

They are the consequence

Of mind dimension

And

Of soul dimension

When you can see how easily soul dimension can be influenced

You see how irrelevant your beliefs and opinions are
They change with the tide

As long as you are a slave of life

You are reflecting the tide of life

You may think that your ideas are your own

And that you in fact shape the course of things with your ideas

In your likes and dislikes

In your convictions and opinions

You are merely reflecting the tide

How could it be otherwise?

You are the world

And

You are the tide

BUT

Imagine

Go back to the vortex now in your imagination

There is a turning vortex of colours

At the same time there is in the centre of the vortex

A circling hose going up or down it does not matter

There all colours disappear as into a so-called black hole

Which of course is not black but is colour-less

As it has nothing to do with the colours

Imagine this colour-less state as infinite

Imagine that this is where all experience circles towards

In this No-thing all ends